

Please forward to any of your friends, colleagues or students who might benefit or have an interest.

## EcoBody at Canberra Dance Theatre with Zsuzsi Soboslay

EcoBody is a training process that is good for your organs, meridians, and whole body system. It helps one build clear relationship to the living, breathing, moving self, and to one's environment. The work brings a new perspective that can be applied in many different contexts.

Try EcoBody at Canberra Dance Theatre (CDT) and receive a whole week of FREE classes in your first week of membership, from ballet, contemporary to bellydance and burlesque.

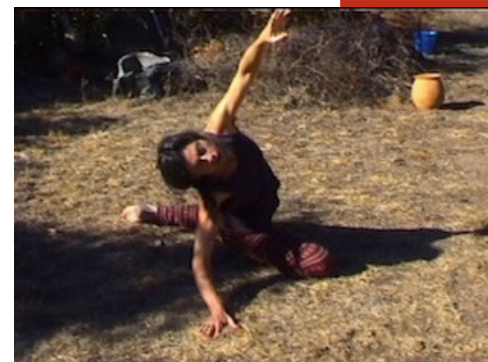
**Where:** CDT Studio, Childers St, next to Street Theatre  
**When:** Sundays 2-3.30pm for 8 weeks  
**Cost:** Per class @ \$20, \$16 (concession) or  
10 classes @ \$170/\$140 (conc).  
**Contact:** Zsuzsi on 0402 283 615.

The class is drop-in and for people of all ages and abilities. If you can't attend early in the term, your expression of interest would be appreciated.

*Zsuzsi has run EcoBody and re-Genesis: learning how to listen workshops and classes for over 15 years across the eastern states.*

[www.bodyecology.com.au](http://www.bodyecology.com.au)  
[www.canberradancetheatre.org](http://www.canberradancetheatre.org)

Canberra  
Dance  
Theatre



“An integrated  
mind-and-body  
practice for  
people wishing  
to live their full  
potential.”

